



9 reasons **WHY** to involve parents in research

1. To increase the quality of the research
2. To improve the relevance of research
3. To facilitate the implementation process
4. To increase the collaboration of patients as research object
5. To bring on refreshing ideas
6. To generate more sustainable and population-appropriate interventions
7. To make it easier to communicate results with laypeople
8. To help find funding
9. To eventually help realise better care

10 things to take into account when involving parents

1. Let parents help write research proposals
2. Involve parents in choosing research topics
3. Let parents be part of the research group and meetings
4. Treat parents as equals and include them in all research levels
5. Avoid using complicated and technical language towards parents
6. Provide schooling for parents
7. Discuss everybody's role openly and honestly, taking into account any differences in educational levels and research expertise
8. Explicitly ask parents for their opinion. Ask them if they think the research is feasible and relevant in their daily life
9. Be aware of the busy home life parents have
10. Evaluate everybody's participation during the entire process



3 questions to ask yourself

1. What can I do to find out what parents of children with a disability really need in daily life?
2. How can I build a community to strengthen the relationship with the target audience?
3. What can I do to make sure the outcomes of my research have a positive impact on patients?

OuderInzicht focuses on bridging the gap between researchers and parents of children with physical disabilities. Our goal is to help make research more relevant, outcomes easier to use in daily life and strengthen the relationship between all parties involved.